



THE LAKE NORMAN  
HOSPICE REGATTA

## NOTICE OF REGATTA

May 21-23, 2010

Raising Sails ~ Raising Spirits ~ Raising Funds

Please join us for the

**10th Annual Lake Norman Hospice Regatta**

To Benefit

Hospice & Palliative Care Lake Norman!

Lake Norman Yacht Club (LNYC), 297 Yacht Rd., Mooresville, NC, is the organizing authority and host of The Lake Norman Hospice Regatta. The Lake Norman Hospice Regatta is a proud member of the National Hospice Regatta Alliance, a national network of hospice regattas that raise money and awareness for hospice care.

The Lake Norman Hospice Regatta is a qualifying event for the *Hospice Regattas National Championship* to be held in 2011. The selected Champion of our Regatta will represent Hospice & Palliative Care Lake Norman and our community at the National Championship. The skipper and crew will compete in Sonars (borrowed boats) against the winners of the other 26 Hospice regattas of 2010. For more information, visit [www.hospiceregattas.org](http://www.hospiceregattas.org).

Festivities include a Friday afternoon social, the Regatta for multiple classes of boats, raffle and other games, an interfaith "Memorial Moment" for those interested in honoring or remembering loved ones, steak dinner courtesy of Outback Steakhouse®, and Sunday Burgers and Dogs donation picnic.

### RULES

This Regatta shall be governed by the rules as defined by the *Racing Rules of Sailing*.

Presentation of Measurement certificates will not be required for any class.

### ELIGIBILITY

Regatta is open to all PHRF & One Design Keelboats and One Design Centerboard boats, subject to the following restrictions:

**Division 1** Spinnaker Keelboats

**Division 2** Non-Spinnaker Keelboats

**Division 3** Cruiser Keelboats

All boats in Divisions 1, 2 & 3 must be 20' LOA or longer & have a current Lake Norman PHRF certificate. If the boat has not been rated, submit pertinent information to the Lake Norman Keelboat Council at <http://www.lnkc.com> to have a provisional rating assigned. No rating will be changed after completing registration.

Five boats will constitute a fleet in Divisions 1, 2 & 3.

**Division 4** Centerboard and Board boats

WELCOME!

Expected Classes include Flying Scot, Thistle, Multihull, Highlander, Laser, Sunfish, and Snipe. A Portsmouth fleet may be created with miscellaneous Classes with less than 5 boats in Division 4.

**Division 5** Junior Sunfish, Laser, 420, and Optimist (Blue, White, & Red)

Five boats will constitute a fleet for any Class in Divisions 4 & 5.

Eligible boats may enter the regatta by following the registration instructions online at [www.lakenormanyachtclub.com](http://www.lakenormanyachtclub.com).

### SCHEDULE

#### **Friday, May 21<sup>st</sup>**

1700-1830 Check-In/Late Registration

1800 – 2000 Sailor Social

#### **Saturday, May 22<sup>nd</sup>**

0800-0845 Check-In / Late Registration

0900 Competitors' Meeting

0955 First Warning

1730 Memorial Moment

1800 Dinner provided by

*Outback Steakhouse®*

#### **Sunday, May 23<sup>rd</sup>**

0925 First Warning

1300 No Warning Signal after this time

Lunch Buck Burgers, Dogs or Brats After

racing followed by Awards

Celebration.

Five races scheduled for Divisions 1, 2, & 4. Two races scheduled (1 per day) for Division 3. As many races as possible will be run for Division 5.

## **FEES**

Registration: \$50 Adult, \$15 Jr.  
Late Penalty (after 5/12): \$20 Adult, \$5 Jr.  
US SAILING nonmember: \$5  
Sat. Dinner \$15 Adult, \$8 < 12

## **DIVISIONS/FLEETS**

### **Race Course 1**

**Divisions 1 & 2** shall sail "around the buoys", and will be split into fleets as determined by the Organizing Authority.

**Division 3** shall sail "down the lake". There will be one fleet for Division 3 (Cruising Division class).

### **Race Course 2**

**Division 4** will be divided into fleets of 5 or more, based on their Class, plus the Portsmouth fleet, if formed.

### **Race Course 3**

**Division 5** will be divided into fleets for Optimist Blue, White, & Red, Junior Sunfish, Junior Laser, and 420 classes.

## **SAILING INSTRUCTIONS**

Sailing Instructions will be available at Check-in.

## **COURSES and VENUE**

All fleets will sail either "around the buoys" or "down the lake". Courses will be described in the Sailing Instructions. The racing venue will be on Lake Norman.

## **SCORING**

Appendix A Low Point Scoring System will be used. RRS A.2 is modified and will apply, except that all races will be scored.

One race will constitute a Regatta for all divisions.

## **PRIZES**

Trophies will be awarded at least three deep in all fleets. The winners of all Adult fleets will be entered in a drawing to determine who will compete in the Hospice Regattas National Championship which will be held in Rochester, NY in the summer of 2011. A perpetual trophy will be awarded to the winner of the drawing. Information about the National Hospice Regatta Alliance and the Hospice Regattas National

Championship may be found at:  
[www.hospiceregattas.org](http://www.hospiceregattas.org).

## **LAUNCHING & FACILITIES**

LNYC has two launch ramps suitable for trailer launching of boats up to 33'.

New hoist is operating with 4,000 Lb Capacity.

Docking space is available. Keelboats shall use empty slips on A or B docks. All centerboard boats use North and South docks in the cove, leaving launch areas clear. Sunfish, Lasers, & Optis, please use the beach.

Camping is welcome with plenty of lakefront sites available. Shower and restroom facilities are available at the Clubhouse & the Pavilion.

## **MEMORIAL MOMENT**

For those who have experienced the loss of a loved one, the Memorial Moment at the Lake Norman Hospice Regatta is a time to remember and celebrate those who have been a part of our lives. As we sail in our 10<sup>th</sup> annual regatta, we will pause to light a candle during this special Memorial Moment; an interfaith candlelight service to take place on the dock outside the Lake Norman Yacht Club.

## **SUPPORT HOSPICE & PALLIATIVE CARE LAKE NORMAN**

A portion of the Regatta entry fees, proceeds from the Raffle, games and your contributions to Hospice & Palliative Care Lake Norman will directly support the organization's mission to relieve suffering and improve the quality and dignity of life through compassionate hospice care for those at the end of life, palliative care for those with advanced illness, and through community education. Hospice & Palliative Care Lake Norman is a regional office of Hospice & Palliative Care Charlotte Region, and together they serve eight counties in the region, including all of the communities surrounding Lake Norman.

## **FURTHER INFORMATION**

For more information about The Lake Norman Hospice Regatta please contact Emily Jones, Regatta Chairman, at 704.896.5848 or [emilyojones@gmail.com](mailto:emilyojones@gmail.com). For Hospice services call 704.375.0100 or visit [www.hpccr.org](http://www.hpccr.org).

The **National Hospice Regatta Alliance** is a national 501(c)(3) organization whose mission is to raise awareness of hospice care through charity sailboat regattas -- helping and promoting local hospice regattas, providing a communications network among them, and by hosting a national championship event that publicizes them and Hospice care. NHRA's members are the growing number of hospice regattas nationwide that raise both money and awareness for hospice care, benefiting over 35 hospices in their communities. The annual Hospice Regattas National Championship is hosted by the NHRA to further promote the local regattas and hospice care.



THE LAKE NORMAN  
HOSPICE REGATTA

# RACE ENTRY & CONTRIBUTION FORM

Registration can also be completed online at  
[www.lakenormanyachtclub.com](http://www.lakenormanyachtclub.com)

To benefit  
Hospice & Palliative Care Lake Norman

Skipper Name \_\_\_\_\_

E-Mail \_\_\_\_\_

Phone \_\_\_\_\_

Boat Name \_\_\_\_\_ Sail# \_\_\_\_\_ No. of Crew \_\_\_\_\_

Additional Race Entry forms can be downloaded from [www.lakenormanyachtclub.com](http://www.lakenormanyachtclub.com) or [www.hpccr.org](http://www.hpccr.org).

## RACING CLASS (check one):

**One Design:** Class \_\_\_\_\_  Adult  Junior

**PHRF:**  Spinnaker  Non-Spinnaker  Cruiser

**If PHRF:** LNKC PHRF Certificate # \_\_\_\_\_ Rating \_\_\_\_\_ Boat type \_\_\_\_\_

## FEES

Race Registration per Boat (Adult) \$50 \_\_\_\_\_

Late Registration Penalty (Adult - after 5/12) (late) \$20 \_\_\_\_\_

Race Registration per Boat (Junior) \$15 \_\_\_\_\_

Late Registration Penalty (Junior after 5/12) (late) \$5 \_\_\_\_\_

Saturday Night Dinner \_\_\_\_\_ @ \$15 \_\_\_\_\_

Saturday Night Dinner for 12 years & under \_\_\_\_\_ @ \$8 \_\_\_\_\_

US SAILING Member # \_\_\_\_\_ Add \$5 if you are not a Member of US SAILING \$ 5 \_\_\_\_\_

In addition to the regatta fees, I would like to make a tax-deductible donation of \$ \_\_\_\_\_

- OR -

I'm in dry dock, but would like to make a tax-deductible donation of \$ \_\_\_\_\_

**TOTAL AMOUNT DUE** \$ \_\_\_\_\_

I am sailing in the Regatta in honor/memory of \_\_\_\_\_

### THIS AGREEMENT CONTAINS A RELEASE AND WAIVER – READ FIRST RELEASE WAIVER AND COVENANT NOT TO SUE

The undersigned acknowledges that in consideration of the efforts of the host organization(s), for being allowed to participate in this regatta/races and the acceptance of this application to race, HE or SHE DOES HEREBY WAIVE AND RELEASE ANY AND ALL CLAIMS THE UNDERSIGNED MAY HAVE AGAINST THE HOST(S), ITS OFFICERS, DIRECTORS, OR TRUSTEES, AND ITS COMMITTEE MEMBERS, MEASURERS, JUDGES, AGENTS, AND REPRESENTATIVES ARISING OUT OF THE ACTIVITIES REQUIRED FOR THE RACES ON THE WATER, AND DOES FURTHER COVENANT NOT TO SUE OR BRING ANY CLAIM OR CLAIMS OF ANY NATURE WHATSOEVER AGAINST THE HOST ORGANIZATION(S) OR ANY OF THE PERSONS AND OFFICES NAMED OR UNNAMED ABOVE, WHO MAY BE ACTING ON THE HOST(S)' OR ITS/THEIR BEHALF.

Signature of Competitor \_\_\_\_\_ Date \_\_\_\_\_

Please make checks payable to **Hospice & Palliative Care Lake Norman.**

DO NOT MAIL CASH

Mail your check and completed entry form to:

**LNYS, PO Box 4600, Mooresville, NC 28117 Att'n: Hospice Regatta**

For Party or Sponsorship information call Nancy Cole at 704.335.4312