

# OUTRIGGER YACHT CLUB



N E W S L E T T E R

May / June 2002

## Commodore - John Ogden

For those of you who missed the Spring Invitational a good time was had by all. We had great wind (Saturday 15-20kts and Sunday 10-15 kts) . A raft-up Saturday evening. (Brrr sweatshirts and jackets required) and a great raffle and awards ceremony on Sunday. Once again I want to thank all who helped make our Spring Regatta happen. Andrew Howell, Rick Jarrett, Marge Burkette, Doug Riley, Don and Marilyn Corey, Jim and Sally Mathis, and my Race Committee, Cathy Ogden, Lori Howell and Shelly and lastly all who participated. Hats off to you all!

The 5th Annual Chuck Strange Pursuit Regatta was an incredible success. Thanks to Butch and Adele Berchem. With nearly 60 boats registered this has become the premiere event on Lake Norman. Talk about racing in two extremes, I recall on Saturday running downwind temperature around 50 in 15kts of wind at or above hull speed with a light fog and 15 boats within 100 feet of each other and a little J22 named 22caliber under spinnaker blasting between us. What a memorable experience. Then Sunday basting in the 80 degree sun just hoping to make to the finish line before dark! What a crazy unpredictable sport this is but I love it! By the way..

Congratulations to Robin/Leanne Roberts and Treez Decker for their stellar performance and overall 1ST place.

Our Wednesday night series is in full swing. Come out and play. (Wednesday evenings race start at 6:30 pm marker 2) Thanks to Rick Rowan for race committee. Anyone

wishing to assist Rick or relieve him for an evening or two I am sure he would appreciate it.

We only have two OYC socials scheduled between now and Cruisers Regatta

(Sept 28,29) So if you have any ideas or suggestions for something during the summer maybe a raft up dinner, or all meet at Midtown or whatever. Please speak up or better yet attend our next board meeting after Top Gun Regatta June 1 4:30 PM Select Yachts N. Hwy 16 Denver.

Have a good and safe summer sailing season!

*Commodore, John Ogden*

## Vice Commodore Race Update

**Top Gun June 1st 10:30am  
marker 2**

LOTS OF WIND AND RACING, TOO MUCH FUN!

The joint Spring Series is going great. The first race had 23 competitors show from around the lake to participate, wow! The Hospice was the only typical lake Norman wind of the year with only completing one race out of 3. The Pursuit was a huge success with 56 boats,...way to go Butch. The OYC invitational was great, we had big wind both days and a great party. I hate we had only 12 boats register. The traditional Wednesday Night Series is off to a great start. We have 45 boats registered and growing thanks to Rick Rowan.

## Vice Commodore - Andrew Howell

Results

**Hospice** overall winner-Johnny Smith  
Sov-33

**Pursuit** overall winner -Robin Roberts  
J-22

**OYC invitational**- Spinnaker A Por Fin ,  
B -Check Six , Moon Dance

Non Spin A-

Viento, Watermark, Icarus, Lone Ranger

Non Spin B-Sea Ray, Contagious, SoSume,  
Tuff Life Too

### **Spring Series # 1**

Spin-Por Fin, Jezebel, Thumper

Non- Escapade, Life O' Riley, Trinkets

### **Spring Series # 2**

Spin- Poor Fin, Fast Times, Phantom

Non- Escapade, Life O' Riley, Trinkets

### **Spring # 3**

Spin- Por Fin, Huckle Buck, Fast Times

Non- Escapade, Blue Fairway, SoSume

### **Wednesday Night # 1**

Spin- Luvit, Quixotic, Sea Ray

Non- Check Six, Escapade, Gone With the  
Wind

### **#2**

Spin-Quixotic, Just Dandy, Kestral

Non- Check Six, Raw Power, Lone Ranger

### **#3**

Spin-Just Dandy, Quixotic

Non- Check Six, Life O' Riley, Tuff Life Too



*OYC Spring Invitational*

**TOP GUN JUNE 1st 10:30 am marker 2**

Skippers meeting 8:30 Mariner villas June 1st

Let the good times roll!

A special thanks to everyone who helped with the invitational. A big special thanks to Rick Rowan for Wednesday Night Series.

Happy Sailing  
Andrew Howell

### **Update from Rear Commodore**

The Wednesday night series is off to a great start and kicked off with a cookout party at Select Yachts. We grilled bratwursts, hotdogs and burgers with plenty of beer.

Everyone seemed to enjoy a chance to exchange stories of the race. We plan to have another party at the halfway point of the series and another at the

September 11th final race. We are meeting for beer and food at Buffalo's restaurant after the Wednesday night races.

**Rear Commodore - Rick Jarrett**

The Spring Invitational was a lot of fun! We had great wind and it certainly gave me some good heavy air experience. Sunday afternoon we had a lunch of sub sandwiches and snacks following the race. Thanks to the help of Doug Riley, Marge Burkett and John Ogden (and to all the others who helped organize the event), we had some wonderful prizes to raffle off this year. For those who didn't attend, you missed a great event!

I have had several people approach me with suggestions of non-racing social events. I like the idea of non-race socials keep our group together especially during the slower times of the year. What do you think? Let me know your idea! Email me at: [sailcat@infi.net](mailto:sailcat@infi.net).

Rear Commodore, Rick Jarrett

### **Boaters: Protect Yourself From This "Silent Killer"**

It was a beautiful, clear Labor Day morning, September 3, 2001, on Shasta Lake in Northern California. My brother, Skip, and his

wife anchored in a favorite cove with plans to spend the long weekend enjoying the lake and surrounding mountains, something they had done hundreds of times before. They had spent many years boating on Shasta Lake, as well as many other lakes and rivers - novices by no means.

Skip and the rest of our family have been involved in boating to some degree for many years. Most of us have taken safe boating courses to stay informed of safe boating practices. However, none of us were aware of the danger that Skip would encounter that morning - a SILENT KILLER that so quickly took his life.

He went for his morning swim, returned to the side of the boat, and then went directly to the back swim platform. Just a few breaths later he had succumbed to Carbon Monoxide Intoxication! Remember — this is outside, on a lake, sun shining, fresh air...or so one would suppose.

The engine was running and carbon monoxide had accumulated around and under the swim platform. The level of concentration produced the “silent killer” we all hear about, but to which most of us can not personally relate, especially under these apparently clear conditions.

His death was originally believed to be “heart” related. However, because the coroner that did the autopsy observed that some indicators were not entirely consistent with a diagnosis of heart failure, she took the extra step and ordered additional toxicology tests. The results confirmed Skip’s blood levels to be 89.3% saturated with carbon monoxide!!!! (25-40% results in unconsciousness). This from taking just a few breaths in an area where carbon monoxide unknowingly lurked.

Below are several quotes taken from a newly printed brochure that is to be distributed in the current National Safe Boating Campaign:

“Carbon monoxide can collect within, alongside or behind a boat in minutes in a variety of ways.”

“**Never** enter an enclosed area under a swim platform where exhaust is vented, even for a second!!! It can take only one or two breaths of the air in this “death chamber” for it to be fatal.”

“**Never** swim in these areas when the motor or generator is operating. On calm days, wait at least **15 minutes after** the motor or generator has been shut off before entering these areas.”

It is the opinion of all the professionals with whom I have spoken, that many “swim” deaths may have been the result of Carbon Monoxide Intoxication, and not what may otherwise appear as obvious.

It is our goal to disseminate this information/warning to the boating public so that this avoidable tragedy is not repeated. Should you have any questions or concerns relating to this information you can contact me at:

Clair A. Babik • 7826 Sedgebrook Dr. East • Stanley, NC 28164  
E-mail: cababik@att.net Phone: 704-822-9697

Submitted by Marge Burkett,  
OYC Secretary

### **OUTRIGGER YACHT CLUB Wednesday Night Racing's 15 Commandments**

1. *Thou shall not take anything other than safety too seriously. If you can only remember one commandment, this is the one. Relax, have fun, and keep it light. Late to the start?-so what! Over early?-no big deal; just go back. Too windy?- Quit. Not enough wind?-Break out the cold beer. The point is to have fun and stay safe. As the ad says. "safe boating is no accident".*
2. *Thou shall honor the racing rules if thou knowest them.*
3. *Thou shall not mess up thou boat.*



4. *Thou shalt not covet thy competitor's boat, sails, equipment, crew, or PHRF rating.*
5. *Thou shalt not AMP out.*
6. *Thou shalt not protest thy neighbor.*
7. *Thou shalt not run out of beer.*
8. *Thou shalt always go out for a crew dinner or drink afterwards (With The COMPETITORS At Buffalows Bar and Grill).*
9. *Thou shalt bring thy spouse, co-worker, friends, and whomever wants to go.*
10. *Thou shalt not serve alcohol to underage sailors.*
11. *Thou shalt always use the old sails.*
12. *Thou shalt never, ever schedule anything at work after the noon hour on a Wednesday.*
13. *Thou shalt always thank the race committee and the skipper after the race.*
14. *Thou shalt never ever refer to Wednesday night racing when referring to PHRF ratings.*
15. *Thou shalt not worry; thou shalt be happy!*

Submitted by John Guthrie from "Spinsheet"

#### OYC Spring Invitational



Photos...Rick Jarrett